



t: 01273 622272 e: [info@siliconbeachtraining.co.uk](mailto:info@siliconbeachtraining.co.uk) w: [www.siliconbeachtraining.co.uk](http://www.siliconbeachtraining.co.uk)

**silicon  
beach**  
TRAINING

## Communication Skills

**Duration:** 1 day

**Prerequisites**

There are no prerequisites for this course

This Communication Skills training course is designed for anyone who wants to improve their ability to influence, motivate, inspire and communicate with others.

Powerful communication techniques are vital for anyone who needs to influence other people to achieve results. During this Communication skills training course you will learn to enhance your natural communication skills and improve your ability to convince and motivate others.

### Objectives

- During this communication skills training course you will practise skills which increase your sensitivity to the behaviour of others, allowing you to project yourself with confidence, not only during presentations but also in your daily working environment.

### Course Content

- Maximise your leadership skills and personal credibility
- The key concepts in communication
- The communication process
- Building rapport
- Maximise your verbal and visual communication skills
- Speak fluently and confidently even under stress
- Understanding the difference between assertive and aggressive communication

### Follow Us



### Related Courses

**Assertiveness & Confidence Building:** 2 days

**Presentation Skills:** 2 days

**Active Listening Skills:** 1 day

**Facilitation Skills:** 2 days

### Links

[feeds.feedburner.com/sbtblog/](http://feeds.feedburner.com/sbtblog/)  
[facebook.com/SiliconBeach](https://facebook.com/SiliconBeach)  
[twitter.com/sbttraining](https://twitter.com/sbttraining)