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Gain the knowledge to become a health and safety professional with our NEBOSH Award in Health and Safety at Work course.

What is the NEBOSH Award in Health and Safety at Work?

The NEBOSH Award in Health and Safety at Work is a certification that introduces candidates to health and safety. The training course supplies candidates with the necessary skills to identify basic health and safety issues in their workplace, with an aim to increase safety standards. NEBOSH Award in Health and Safety helps highlight any potential hazards and risks to employees and allows them to create a safer working environment. Thus, candidates learn to act upon the fundamental values of health and safety that they learn. NEBOSH, the National Examination Board in Occupational Safety and Health, is the globally recognised organisation that delivers this health and safety award in work. NEBOSH are an awarding body of health, safety, and environment related certifications, hence are a credible provider of such training courses.

What are the objectives of the NEBOSH Award in Health and Safety training course?

By the end of this training course, you should:

- Be able to improve health and safety in your workplace and confirm that your workplace is safe
- Understand health and safety risks and issues
- Be able to put measures in place to reduce health and safety accidents and costs
- Have a globally recognised qualification

Who is the NEBOSH Award in Health and Safety in Work for?

This NEBOSH training course is designed for anyone who is looking to develop their knowledge of health and safety or anyone who is involved with health and safety in their current role. However, this training course is particularly useful for:

- Managers, leaders, and supervisors
- Human Resource professionals
- Anyone who works in training
- There are no formal requirements for this training course.

Why is the NEBOSH Award in Health and Safety in Work desirable?

- The NEBOSH Health and Safety Award is accredited by the Scottish Qualifications Authority hence it is recognised as a valuable certification globally.
- The Health and Safety Award can be applied in any industry, and in any part of the world.
- Successful participants are more aware of risks in the workplace, and will thus take

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- Recognition of health and safety principles enhances the reputation of the business as they identify the importance of keeping the working environment safe.
- As well as these, the Award in Health and Safety at Work may lead to other NEBOSH qualifications.

How are candidates assessed?

In order to obtain the NEBOSH Award in Health and Safety at Work, candidates are required to take two exams. The first exam is a multiple choice paper which lasts 1 hour and contains a total of 40 questions. The second exam is a practical workplace risk assessment which lasts for 1 hour. When both of these exams have been completed and passed, you will receive a NEBOSH Health and Safety Qualification certificate.

Part 1: Health and safety Foundations

- Fundamentals of workplace health and safety.
- Reasons for practising good standards of health and safety.
- Key internal and external sources of health and safety information.

Part 2: Principles of fire and explosion

- The role and responsibilities of relevant health and safety parties.
- Key features of a system to effectively manage health and safety.
- How accidents are caused and the role and function of accident recording and investigation.
- Techniques for improving health and safety performance.

Part 3: Causes and prevention of fires

- Causes of fires and explosions in typical work activities.
- Appropriate control measures to minimise fire risks.

Part 4: Work equipment hazards and controls

- General health and safety requirements.
- Main hazards and controls for work equipment.

Part 5: Transport safety

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Part 6: Electricity hazards and controls

- Hazards associated with the use of electricity in the workplace.
- Control measures that need to be taken when working with electrical systems or using electrical equipment

Part 7: Fire safety

- The benefits of adequate fire risk assessment and the matters which should be addressed when undertaking a basic fire risk assessment.
- Basic principles of fire prevention and fire controls in the future in the workplace.

Part 8: Manual handling and repetitive movement hazards and controls

- Hazards from manual handling and repetitive physical activities.
- Ways of controlling risks from manual handling and ergonomic risks.

Part 9: Hazards and controls associated with hazardous substances

- Forms of, classification of and routes of entry for hazardous substances.
- Sources of information to be considered when undertaking an assessment of the health risks from substances commonly encountered in the workplace.
- Controls that should be used to reduce the risk of ill-health from exposure to hazardous substances.
- Steps to minimise the environmental impact of fire and firefighting operations.

Part 10: Work environment hazards and controls.

- Common welfare and work environment requirements, hazards and controls in the workplace.
- Hazards to pedestrians in the workplace and the appropriate control measures.
- Common psychosocial hazards which may be encountered in the workplace, the persons affected and control measures.
- Health effects associated with exposure to noise and vibration and the appropriate control measures.
- Requirements for, and effective provision of, first aid in the workplace.

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