

Coaching Skills for Managers Training

This Coaching training course provides guidance on the planning and delivery of coaching and its application and effectiveness within a variety of workplace environments. Delegates benefit from practice and feedback that is geared to develop skills and build confidence in a supportive environment.

Objective

At the end of this Coaching Skills for Managers training course participants will be able to:

- To develop a coaching style which meets individual and business needs
- To determine barriers to learning and how to overcome them
- To give effective feedback in a way that encourages positive change

Details

Duration: 1 Day

Who is this course for

Managers, executives, team leaders and anybody wishing to create a supportive environment and coach their team more effectively.

Course Content

- The managers' role as a coach
- Coaching and training
- Qualities of the effective coach
- Identifying learning needs
- Identifying individual learning styles
- Personal learning styles
- Identifying barriers to learning
- Structuring the coaching session

- Setting objectives and targets
- Coaching the new team member
- Delegation and empowerment
- Motivation
- Managing the poor performer
- Feedback skills
- Monitoring performance
- Validation and evaluation

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