

What is Train the Trainer Training?

Having been in the training industry since 1998, we know what makes a great trainer. It's not just about being an expert in your subject, it's about engaging an audience. Our [Train the Trainer Training course](#) will give you an understanding of how people learn so that the people you train will not only enjoy your course but go away with the knowledge they need. Our trainers have real world experience and are selected because of their consistently high standards and feedback. The training is interactive and provides opportunities to practice planning, delivering and refining your own training session on a subject of your choice.

Who is Train the Trainer Training intended for?

Essentially, this training course is for managers and leaders who need to expand their knowledge of training. Any trainer can participate include. Examples include:

- Training managers
- Supervisors
- Managers
- Those with no training experience
- Leaders of organisations and authorities
- Leaders of organisations and authorities



For a taster of the course download our free Train the Trainer eBook and learn how to plan an effective training session.

Our scheduled Train the Trainer workshops are run at our dedicated training centre in Brighton. We also provide in-company and private training sessions. If you'd like to discuss more, or book a course, call us on +44 (0)1273 622272.

Train the Trainer

Course Objectives

After completing the Train the Trainer training course, you will be able to:

- Promote learner participation and involvement by using effective questioning techniques in a training session
- Evaluate personal training strengths and areas to work on
- Define the factors that promote learning
- Apply the concepts of NLP and Accelerated Learning in training
- Understand the difference between training and presenting information
- Use recognised success measures to assess effective learning

- Define effective feedback
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Understanding the Role of the Trainer in Learning

- The learning cycle
- The learning process
- The trainer's role
- Putting yourself in the position of the learner
- Giving and receiving feedback
- Motivation and creating positive attitudes to learning

Training vs. Presenting

- Differences between training and presenting
- Training vs. showing the user

Questioning Techniques

- Questioning techniques
- Clues and tips in questions

NLP: Neuro-Linguistic Programming

- Sensory systems
- Identifying the learner's preferred sensory system

How to Structure a Training Session

- The 3 sections of each training session

Planning Ahead

Our 1-day Train the Trainer course will give you the techniques and confidence to deliver highly effective training courses. Learn how to engage with a group instead of giving a lecture.