

## Train the Trainer Training

Our 1-day Train the Trainer course will give you the techniques and confidence to deliver highly effective training courses. Learn how to engage with a group instead of giving a lecture.

### Objective

After completing the Train the Trainer training course, you will be able to:

- Promote learner participation and involvement by using effective questioning techniques in a training session
- Evaluate personal training strengths and areas to work on
- Define the factors that promote learning
- Apply the concepts of NLP and Accelerated Learning in training
- Understand the difference between training and presenting information
- Use recognised success measures to assess effective learning
- Define effective feedback

### Details

**Duration:** 1 Day

### Who is this course for

Perfect for new trainers or managers looking to provide an in-house training solution.

We ask that delegates prepare a short training session for the first day of the course.

This can be on anything (e.g. 'How to Tie a Shoelace') - it's intended to give delegates something to present and refine during the session.

## Course Content

### Understanding the Role of the Trainer in Learning

- The learning cycle
- The learning process
- The trainer's role
- Putting yourself in the position of the learner
- Giving and receiving feedback
- Motivation and creating positive attitudes to learning

### Training vs. Presenting

- Differences between training and presenting
- Training vs. showing the user

### Questioning Techniques

- Questioning techniques
- Clues and tips in questions

### NLP: Neuro-Linguistic Programming

- Sensory systems
- Identifying the learner's preferred sensory system

### How to Structure a Training Session

- The 3 sections of each training session

### Planning Ahead

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