

## Facilitation Skills Training

Become an effective facilitator with hands-on Facilitation Skills Training course which you can apply to a range of situations.

Facilitation is fast becoming a key skill for anyone who is in a team, leading a project team, heading up a working group or managing a department.

Facilitation is the skill, and art of guiding others to solve their own problems and achieve their objectives without simply giving advice or offering solutions. A facilitator provides the structure and process – enabling groups to function effectively and make high-quality decisions.

### Objective

As a result of completing this facilitation training course, delegates will:

- Appreciate the benefits and applications of facilitation in the workplace.
- Be able to differentiate between process and content facilitation.
- Identify the core practices and skills required for effective facilitation.
- Understand how to stimulate group participation and positively handle conflict.
- Consider the uses of a range of techniques contained within the 'Toolkit'.
- Develop their facilitation skills through 'live' practice sessions

### Details

**Duration:** 1 Day

### Who is this course for

This facilitation training course will be beneficial for those who attend or lead a variety of meetings, wish to become more effective at guiding people to solve problems and make decisions, need to help teams overcome their blockages whilst achieving 'buy-in' and commitment to future actions and want to develop their interpersonal skills when working with others.

## Course Content

- What is Facilitation?
- Facilitator's Blueprint – Core Practices & Skills
- Creating Group Participation
- Facilitating Conflict
- Facilitating Problem-solving
- The Facilitator's Toolkit
- Skills Practice

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